

## FELLOWSHIP IN COSMETIC GYNAECOLOGY – STEP 1

05 – 06 August 2021

United Arab Emirates

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<b>08:30 – 09:00</b>	<b>Registration</b>
<b>09:00 – 10:00</b>	<ul style="list-style-type: none"> <li>❖ History and Statistics</li> <li>❖ Applied Surgical Anatomy</li> <li>❖ Consultation and Patient Selection</li> <li>❖ Medical Photography</li> <li>❖ Contraindications</li> </ul>
<b>10:00 – 10:30</b>	<b>Coffee Break</b>
<b>10:30 – 12:00</b>	<ul style="list-style-type: none"> <li>❖ Anesthesia</li> <li>❖ Laser Techniques</li> <li>❖ G-Spot Localization/Amplification</li> <li>❖ O-Shot <ul style="list-style-type: none"> <li>○ PRP Preparation</li> <li>○ Injection Technique</li> </ul> </li> <li>❖ LED in Cosmetic Gynecology</li> <li>❖ PRP Vaginal Enhancement</li> </ul>
<b>12:00 – 13:00</b>	<b>Lunch Break</b>
<b>13:00 – 14:00</b>	<ul style="list-style-type: none"> <li>❖ Treatment of Stretch Marks with Carboxytherapy</li> <li>❖ Fillers in Gynecology</li> <li>❖ Genital Lightening Techniques</li> <li>❖ Energy-based Devices <ul style="list-style-type: none"> <li>○ HIFU</li> <li>○ Radiofrequency</li> </ul> </li> <li>❖ Treatment of Vaginismus</li> </ul>
<b>14:00 – 14:15</b>	<b>Coffee Break</b>
<b>14:15 – 16:30</b>	<b>DAILY TEST ON NON-INVASIVE COSMETIC GYNECOLOGY</b>
<b>16:30 – 17:00</b>	<b>Questions and Answers</b>

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**09:00 – 13:00**

**Clinical Demonstrations:**

- ❖ Laser epilation of bikini area
- ❖ Vaginal Bleaching with Q Switched lasers
- ❖ Vaginal Bleaching with Peels
- ❖ HA injection

**13:00 – 14:00**

**Lunch Break**

**14:00 – 16:00**

- ❖ Mesotherapy
- ❖ PRP O Shot
- ❖ PRP P Shot
- ❖ Carboxytherapy

**16:00 – 17:00**

**MCQ EXAM ON NON SURGICAL AESTHETIC GYNECOLOGY**

**17:00 – 17:30**

- ❖ Closing remarks
- ❖ Picture taking
- ❖ Distribution of certificates