

FELLOWSHIP IN COSMETIC GYNAECOLOGY – STEP 1

06 – 07 December 2019
U.A.E.

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08:30 – 09:00 Registration

- 09:00 – 10:00**
- ❖ History and Statistics
 - ❖ Applied Surgical Anatomy
 - ❖ Pathophysiology of genital aging
 - ❖ Consultation and Patient Selection
 - ❖ Medical Photography
 - ❖ Contraindications

10:00 – 10:30 Coffee Break

- 10:30 – 12:00**
- ❖ Anesthesia
 - ❖ Laser Applications in Cosmetic Gynecology:
 - Bikini area laser epilation
 - LLL Therapy in vulvovaginal rejuvenation
 - Laser vaginal rejuvenation
 - Q Switched lasers
 - Erbium resurfacing
 - ❖ Radiofrequency Vaginal Tightening
 - ❖ Genital Bleaching:
 - Perineal skin conditioning
 - Chemical Peeling

12:00 – 13:00 Lunch Break

- 13:00 – 14:00**
- ❖ HA for genital rejuvenation
 - ❖ G-Spot amplification technique
 - ❖ Mesotherapy in genital rejuvenation
 - Mons pubis fat reduction
 - Vaginal rejuvenation
 - ❖ PRP vaginal enhancement
 - ❖ Carboxytherapy
 - ❖ Botulinum toxin for vaginismus
 - ❖ Setting a Cosmetic Gynecology Practice

14:00 – 14:15 Coffee Break

14:15 – 16:30 DAILY TEST ON NON-INVASIVE COSMETIC GYNECOLOGY

16:30 – 17:00 Questions and Answers

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09:00 – 13:00 **Clinical Demonstrations:**

- ❖ Laser epilation of bikini area
- ❖ Vaginal Bleaching with Q Switched lasers
- ❖ Vaginal Bleaching with Peels
- ❖ HA injection

13:00 – 14:00 **Lunch Break**

14:00 – 16:00 ❖ Mesotherapy

- ❖ PRP O Shot
- ❖ PRP Shot
- ❖ Carboxytherapy

16:00 – 17:00 **MCQ EXAM ON NON SURGICAL AESTHETIC GYNECOLOGY**

17:00 – 17:30 ❖ Closing remarks

- ❖ Picture taking
- ❖ Distribution of certificates